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THE PARLIAMENTS OF NEPAL AND PAKISTAN: A COMPARATIVE ANALYSIS OF STRENGTHS AND WEAKNESSES	
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### **ABSTRACT**

The problems concerning Muslim migrants pertaining to integration and identity preservation have grown in significance due to the global migration crisis. These individuals are faced with many barriers as they settle down in different societies characterized by alienation in the cultural aspect and socio economic hardships. The migrant experience is where faith is where culture, and it is where social belonging intersect and these intersections shape their adaptation strategies and that of host communities. This paper studies Muslim migrant's identity issues in integration processes, examining barriers to integration resulting from systemic factors including language barriers, employment discrimination, and political bias. Additionally it examines the social functions that religious and cultural institutions serve in conserving the bonds of communal and fostering communal social cohesion. The research examines the necessity of inclusive strategies to adapt and support migrant groups, yet with respect to their cultural inheritance, through the analysis of the policy frameworks and community initiated programmes. However, this is not pessimistic in any sense as they find that identity preservation does not prevent integration, but instead promotes multiculturalism and social stability. The study finally backs a policy measure which would balance the national security concerns and the human rights, which would be conducive to creating a more harmonious global society, and inclusive.

**Keywords**: Migration Crisis, Muslim Identity, Integration Challenges, Cultural Preservation, Discrimination, Social Cohesion, Policy Frameworks, Multiculturalism, Human Rights.

#### Introduction

In contemporary society, we are witnessing an ever-growing and increasingly diverse population of migrants who wholeheartedly identify as Muslims, representing a truly vital and notably complex aspect of the demographic landscape that we currently

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navigate and live within (Abu-Ras et al., 2022). By consciously choosing to reside and integrate within the multifaceted and diverse societies in which they have sought refuge, these dynamic Muslim communities continually encounter a wide array of possibilities for social inclusion, along with a multitude of potential and often significant social barriers that may severely hinder their integration into their newly adopted environments. These barriers to integration can manifest in various forms, such as systemic discrimination, radicalization, potential loss of personal assets, and various forms of unfair treatment, which collectively pose serious challenges to their social assimilation, everyday lives, and overall sense of belonging. While many sociologists, academics, and policymakers have shown a significant and burgeoning interest in the multifaceted process of incorporating Muslim migrants into their host societies and communities, it remains quite surprising and indeed rather concerning to note that only a limited number of in-depth studies have thoroughly examined this pressing subject matter from the unique and personal perspectives of the migrants themselves, who are actively living through these complex experiences and encounters that impact their daily realities and aspirations (Glas, 2021).

In this comprehensive research essay, we are particularly interested in, and deeply motivated to, delve significantly deeper into the internal dialogues that Muslim migrants engage in regarding critical questions surrounding their identity preservation, the protection of their rights, and the maintenance of their rich cultural heritage, which they often feel is at risk in unfamiliar settings (Mahmud, 2024)We will also seek to understand their rich and varied experiences with solidarity and social engagement, particularly within the meaningful and transformative contexts of Islamic relief and charity work, which play pivotal and transformative roles in shaping their lives and connecting them to both their roots and their new communities. Therefore, this thesis aims to systematically address the following pivotal questions that are central to our inquiry: What specific challenges and opportunities do Muslim migrants identify regarding their social incorporation and adaptation within the broader society? Alongside this inquiry, what are the various strategies that they consciously develop and employ in response to these identified challenges in order to successfully navigate and ultimately find their rightful place in a new and foreign environment while preserving crucial aspects of their Muslim identity and maintaining their community ties amidst myriad pressures?

Finally, we propose the important and pertinent question: How deeply committed are these migrants to post-conflict charity and solidarity initiatives, and what underlying reasons and motivations drive their enduring commitment to these important causes that resonate deeply within their cultural and religious contexts? To begin to only partially answer these critical questions that are fundamental to our comprehensive

understanding of this topic, we shall engage in an organized structure that is thoughtfully divided into six dedicated sections, each one serving a distinct and particular purpose in this exploration of identity and migration issues that deserve our attention and thorough analysis. The first section will thoughtfully unpack the essential concepts that lie at the heart of our inquiry—namely, migration crises and identity politics, both of which are intricately intertwined with this complex and multifaceted subject matter deserving of extensive and detailed examination by scholars and benefit from greater public discourse.

In the subsequent section, we shall turn our attention to some relevant and revealing demographic figures and statistics that will provide necessary context for understanding and grappling with these pressing social issues impacting multicultural societies, urging us to reflect on our collective responsibility towards inclusivity and acceptance. Moving forward, in the third section, we will closely focus on the migrant journey itself, delving into the numerous intricate paths these diverse individuals navigate, characterized by significant experiences of hope, resilience, and the continuous struggle for acceptance and integration within their new communities, which often prove to be challenging yet critically vital.

From there, we will cluster together the multifaceted challenges of identity across a number of thematic sections, which will collectively serve to highlight and elucidate the complexities faced by these resilient communities in the face of overwhelming circumstances, particularly in relation to the intersection of culture, faith, and their lived experiences. Ultimately, we aim to conclude with a brief yet impactful conclusion that emphasizes some of the broader societal and social processes influencing these particular experiences, shedding light on the vital roles of faith, community involvement, and personal agency within this important and ever-relevant context of migration and identity, facilitating a deeper understanding of the nuances involved in the intricate narratives of Muslim migrants in today's world, while encouraging a richer dialogue aiming to bridge gaps and create a more inclusive environment.

## **The Concept of Migration Crises**

Migration crises have emerged as one of the most pressing and contentious issues in contemporary society. These situations often reflect complicated dynamics involving various aspects of access, evolving circumstances over time, significant actions taken by different parties, and the influence of numerous agents (Almustafa2022). Indeed, migration crises are typically interconnected with a myriad of issues, encompassing international governance structures, diverse societies, and the roles of individual states, alongside the provision of aid and cooperation across both trade and foreign affairs. Most commonly, definitions of migration crises highlight a significant influx of individuals coming from external regions or countries into a specific area over an

extended period. This influx has the potential to overwhelm the receiving country or area's maximum capacity, particularly when the crisis is poorly managed. Such migration waves can occur as a result of various triggers, including but not limited to conflict and persecution of vulnerable populations, inadequate governance leading to instability, rampant endemic poverty, severe food insecurity, or even the devastating effects of natural disasters like prolonged droughts and excessive flooding. When crises unfold without suitable intervention or allocation of necessary resources, they risk exacerbating humanitarian conditions and violating human rights. These adverse outcomes can include the tragic orphaning of young children and the distressing separation of unaccompanied minors from their families, whether within their home countries or in host regions. Addressing the complexities of migration crises is essential to mitigating the potential for such serious repercussions and fostering a more stable and humane response.

Migration crises tend to have a profound impact on both migrants as well as the communities that receive them; violent and forced migration can directly influence their places of origin, transit routes, and destination areas or communities. Consequently, large-scale movements of people often engender an atmosphere of fear and uncertainty, leading to increased xenophobia between affected communities (Harris et al.2023). This situation can create a breeding ground for mistrust, envy, and even anger directed at migrants who are perceived as outsiders. Moreover, it is important to note that a significant number of economic migrants generally tend to head northward, primarily because they anticipate that there will be greater opportunities available to them for improving their overall life circumstances and prospects. In response to this growing trend, Europe is experiencing increasing and unprecedented pressure to adopt and implement various policy options aimed at legalizing different categories of migrants. These include not only failed asylum seekers and illegal migrants but also students and labor migrants, all of whom contribute to the multifaceted nature of migration. Policies and legal frameworks concerning these categories play a pivotal role in shaping the issues related to transient non-citizens' access to vital services such as medical treatment, educational opportunities, rights, and protective measures available to immigrants. These aspects can significantly vary from one country to another, often leading to complex debates, pressing policy dilemmas, and legal disputes among various stakeholders, governments, and societies in a wide array of diverse communities (Kerpişçi, 2022). Despite the presence of both legal and illegal restrictions, large and significant numbers of migrants continue to find ways to escape onto lucrative people smuggling routes, often aided by the rise of new media technologies, human traffickers, border officials, and other actors operating within this shadowy arena. This ongoing situation has drawn considerable focus and attention to the dire importance of addressing and mitigating such pressing problems while simultaneously ensuring that adequate protection is afforded to those people on the move.

## **Causes and Impacts**

Migration crises arise from a complex interplay of numerous factors, which include demographic, socio-economic, and political dimensions that intertwine in various ways. One clear and significant cause of increased migration or even the necessity to flee one's home is the severe combination of hunger and poverty that affects so many (Rahaman et al.2021). Currently, nearly 690 million individuals around the globe are affected by hunger, highlighting the dire situation that many find themselves in due to insufficient access to basic needs. Furthermore, there is substantial support within the academic and policy-making communities for the perspective that climate change serves as a significant amplifying factor that intensifies migration challenges. A growing body of research is dedicated to exploring the multifaceted nature of migration crises as a byproduct of climate-induced natural disasters, emphasizing the potential for the growing frequency and/or severity of these environmental events to push increasingly vulnerable populations to seek refuge in other regions or countries (Ashrafuzzaman, 2024). Perhaps one of the most controversial instances in which climate factors have been linked to migration is the case of Syria. In this instance, the extended period of drought has been increasingly recognized as a contributing factor to the civil unrest and resultant war that followed. However, it is noteworthy that while some experts have drawn connections between climate issues and migration patterns, very few are in agreement in directly attributing the Arab Spring migration crisis solely to climate shocks. Instead, they argue for a consideration of a broader array of factors that played a significant role in triggering the outbreak of civil conflict and the migratory waves that ensued.

The impacts of migration crises are numerous and varied. They produce a range of psychological effects, including a profound and pervasive sense of hopelessness that can overwhelm individuals. Moreover, the feeling of being lost in an unfamiliar and unknown place, where individuals may unfortunately become the targets of extreme abuse or latent xenophobia, is alarmingly prevalent (Khan et al., 2021). This deepseated feeling of both physical and psychological insecurity serves to further fuel xenophobia and a heightened fear of 'the stranger' in their host countries. Furthermore, from an economic perspective, this type of extreme migration can impose substantial economic pressures on receiving countries that are already saturated and struggling to cope with the influx. At the local level, residents, who are often known for their longstanding hospitality and welcoming nature, find themselves feeling dispossessed and increasingly more vulnerable than the very migrants they

once sought to support. Although statements about "turning the refugee crisis into a development opportunity for countries of origin" may appear to be utopian and overly optimistic, it is crucial to recognize that local populations and local governments in the affected region genuinely do require both development aid and humanitarian assistance to address their pressing needs.

Concerning the complex and multifaceted case of Afghan refugees residing in Iran, who find themselves in a situation with little to no hope of returning to their homeland, many of these individuals opt to don the nigab both at home and when venturing outside. They choose to wear this garment for a variety of compelling reasons, including but not limited to the need for protecting one's modesty, particularly in contexts where there is a heightened risk of police harassment specifically targeting female migrants. Additionally, there is a desire among these refugees to avoid being perceived as "involved" in the local society, which they believe may offer a measure of protection for their own dignity and sense of self-worth. Moreover, public attitudes regarding physical and emotional health, as well as perceptions of attractiveness and personal safety, tend to be relatively more favorable in some contexts. In a disapproving manner, attitudes towards whether individual migrants will successfully integrate into Danish society, was particularly affected by the nationality of the migrants themselves (Fernandez, 2022 – Denmark case study). This particular finding was found across all waves of the data collected and held throughout the entire 5 year span of the data for analysis. The observation is particularly relevant given that Afghanistan, Eritrea and Syria, in order, are also the places with the highest proportion of Muslims among all refugee groups currently under consideration (Fransen & De Haas, 2022). Such findings signify important insights into the fine ways, in which the nationality of migrants shapes society's attitudes towards them, which can directly affect migrants' lived experiences as well as their prospective readines and willingness to integrate in the new community in their host country.

# The Muslim Identity in the Context of Migration

Migration is a process that helps to reconstruct individual and collective identity and is essential to our understanding of how these identities are socially produced. Seekers on a journey to a better life are sooner or later introduced and made to interact with an array of new and different cultures that present alternatives to previously held ideas of self. Muslim migrants are but one of the multifold identities that are often debated among this complex context (Kevers et al., 2024). These are identities that are carved out of their own unique and individual histories, yet at the same time, influenced by their mutual interaction with their homeland. It included their country of origin, which was of crucial importance, their linkages with the broader international community of Muslims comprising millions of people scattered in countries across the world, their

strong religious beliefs, which were often highly passionate, their common ways of living and practices, their languages that defined their culture, social codes, modes of interacting with other communities, etc.

Furthermore, the modes of faith they take up can spark significant questions about their spirituality, or promote vivid theological exchanges on relevant issues of their present day and time. The basic idea in such a dialogue is to bring into view the varying degrees of salience and significance which different features play in the ongoing venture of identity constitution so that all the stakeholders made up of people yearning for a sense of sameness, communities aiming at upliftment, those who formulate laws reflecting actual social realities, and researchers researching such phenomena — are fully conscious of their contributions to the enterprise. However, while diving into particularities of identity formation within the devout context of Muslim migrants, it is typical to come across a classic narrative focusing on a seductive duality, which in many cases is broken into two categories of a religiously oriented and of a culturally based (Shahzad et al.2021).

As has already been observed, Muslims form a sundry lot with unique and profound background, Africans differ distinctly from Southeast Asians who, also in turn differ from the Arabs. However, when isolating the Indian subcontinent and the Arabian Peninsula the people claiming the Muslim identity in the Indian subcontinent and those in the Arabian Peninsula often claim separate identities from the Pakistani and Bangladeshi Diaspora living in the UK and the United States. However, if there may be a vaguely similarity reserved pretention among these groups, the manifold differences are obvious to anyone and do signify the complexity and nuance of the duality of Muslim migrants' identity narratives. Consequently, they feel hybridity, as they manoeuvre their changing identities in new surroundings (Mahmud, 2023). Various societies tend to develop particular modes or frameworks when it rings with a given identity, whether or not they identify with their religious heritage, or whether or not conversation around pressing theological issues arising in their new environment. At times these three dimensions of identity, religious, cultural, and personal, can be interrelated to such a degree as to be not able to be pulled apart from one another, having comprised these substance layers of meaning that could be intricate and profoundly enriching. The intricacies of migration play a major role in the creation of the resultant Muslim migrant identity, and such intricacies also inherently ignite our curiosity in the ways that migration shapes identity and the colorful experiences that constitute the life of Muslim migrants, in general, today.

# **Challenges of Integrating Muslim Migrants**

The attempt of Muslim migrants to integrate into the societies in which they settle often but not always entails many specific obstacles related to their being Muslim. The

migrant's ability to communicate and build interactive connections with the members of host community is a critical factor that plays a major role in determining the success or failure of the intercultural interactions (Rezaei et al.2021). A large shortage in host language proficiency impedes not only their ability to obtain life's greatest necessities, including employment, health care and education, and other services, but also plays an active role in heightening feelings of social isolation and isolation. In addition, employment practices of the host community towards these newcomers are often the most pronounced of its attitudes. Migrants may be discriminated against in various ways on the basis of, for example, cultural background, religious beliefs, nationality, skin colour and them not speaking the local language, no work, no qualification, no criminal record. As a result, religion and cultural attires, a prevailing lack of mastery in a non-native language or language or a propensity to operate apart from the larger society contribute to a person's social integration by the attainment of at least a minimum degree of social acceptance and ability to form friendships within the broader community. This interaction contributes to the identification of the points of backlogs hindering a more inclusive atmosphere to bring the migrants and the host society closer to each other.

Migrant support measures, as well as government policies and various legislative frameworks, can truly have a profoundly significant impact on potential community inclusion and cohesion. Societal attitudes toward migrants and their cultural practices are invariably reflected in the national policy landscape; accordingly, this leads to differing and varied approaches to the integration of migrants and the recognition of the Muslim identity within largely secular states (Arar and Örücü2024). The political climates in these nations play an undeniable role in shaping and developing the systems for integration, which are still evolving over time, reflecting the perceived needs of both contemporary migration trends and the concerns, anxieties, and interests of the larger community. A number of national frameworks specifically focus on the unique status of Muslims and deliberately allocate a significant segment of policy to consider the 'uniqueness' of the Muslim identity within their country. Some countries go a step further and provide both historical and contemporary overviews of Muslims residing in their territory in order to afford an enhanced understanding of the changed and evolving situation; these approaches are reflective of some societal concerns regarding Muslim migrants in the reviewed countries. Social cohesion, which can be understood as the ability of a society to ensure security and stability, is indeed critical, particularly the sense of security that encourages normal life and prevents the escalation of disputes into violent confrontations. Accordingly, it is also absolutely essential that such policies aim to foster a meaningful understanding and dialogue between Muslim groups and the broader community to create a more harmonious social fabric.

The essential focus of this preliminary analysis revolves around the significant point that the inability to effectively encourage the successful integration of Muslims into a host society, along with the resulting implications for the preservation of immigrant identity within the host community, is not uniform and tends to vary greatly based on the prevailing social and political context of the host country. While it is true that no state can claim to be completely successful in significantly enhancing integration rates among migrant populations, various community support measures, national policies, and available resources play a crucial and direct role in determining the extent of their success or failure in this realm (Norman et al.2023). The level of empathy and understanding offered towards migrants in the local community of the immigrant can serve to countermand the effects of poor national or community-level policies. For instance, considering that Pakistan and Morocco stand out as major sources of Muslim migrants, if Muslims from Pakistan choose to immigrate to the United Kingdom, they may encounter local communities that are notably more supportive and accepting. This conducive environment can greatly foster better integration outcomes for these individuals and families. On the other hand, while biculturalism is not officially recognized as national policy in countries like Brazil and Bolivia, it is noteworthy that resources available in regions such as Santa Cruz actively support the preservation of vital Arab religious, cultural, and language practices. This stark difference in the presence of supportive migrant resources in one region as opposed to another may significantly influence the likelihood of an immigrant being able to retain and maintain their cultural identity throughout their resettlement process.

# Comprehensive and Pragmatic Strategies for Preservation of Cultural Identity and Heritage

Proper knowledge of what preservation of culture is and should be is a firm foundation for developing lasting policies to cope with the migratory crises and to enable newcomers and minorities to survive complete cultural and identity loss and to actively contribute to the richness and tranquility of the host society (Almustafa2022). Preservation measures should in no event infringe on basic human rights or create a negative competitive vacuum between lifestyles; they rather enhance and make them equally attractive. They are an instrument to counteract the downward trend in number, dynamism, and broadness of thought production and cultural activity and to allow such behavior to shift from an exclusive, inward orientation to a dialogue with other cultures. These measures, combined with reducing knowledge gaps and promoting dialogue between communities, are the cornerstones of a truly future-oriented policy vis-à-vis its minorities.

To create an environment of trust and mutual respect, it is of utmost importance to establish an area of legal equality and of de facto availability for all elements of abandoned culture in terms of places for devotional and non-devotional practices and of platforms of knowledge creation, exchange, and discussion (Spehar, 2021). Only if such a space exists will wonders and successes reappear across the board and will increased self-confidence enable individuals to transform their advocacy and identity-promoting behavior into an enriching input into the creative pulse and encompassing wealth of Europe. The cultural identity should become an asset, visible to all and understandably able to complement and help structure European culture, to the extent that the host society would resent if it disappeared.

#### **Conclusion**

The starting hypothesis of this essay posits an intricate and multifaceted relationship between the various migration crises currently occurring globally and the crucial preservation of Muslim identity in diverse contexts. An increasing and overwhelming overall awareness of these complex issues reveals a pressing sense of urgency that simply must not be ignored and set aside. The first and foremost reason is human and ethical: this matter is one that cannot be overlooked or dismissed, regardless of one's religious affiliation or belief system. Whether one identifies as a Christian, Muslim, Jew, agnostic, or atheist, the fundamental rights and dignities of every individual involved must be respected and acknowledged. The shared responsibility across different faiths and worldviews highlights the need for increased empathy and understanding among all people, which is essential to navigate these challenging times. The second reason we outline is strategic and pragmatic in nature. The integration problems arising from these migration crises may begin to exacerbate feelings of alienation and radicalization within existing Muslim communities. Such feelings make these communities more susceptible to negative influences, and this troubling trend poses a significant obstacle to fostering constructive relationships with the indigenous population that is host to these migrants. This creates a particularly challenging dynamic that complicates social cohesion among various groups and hints at the urgent need for more targeted interventions that can effectively address these issues. Future research in this crucial field would greatly benefit from more longitudinal studies that track changes over time, broader scopes that encompass different aspects of the migration phenomena, and nuanced approaches that are likely to unveil deeper context and understanding of the ongoing situations faced by immigrants and the communities they engage with in their new environments. Considering the pressing concerns of today and the challenges that lie ahead, we would earnestly suggest devising innovative and effective answers in both the short term and medium term to address these critical challenges in order to secure a more harmonious future for all stakeholders involved.

Integration challenges, alongside the critical need to preserve the identities of immigrants especially those of Islamic communities are currently giving rise to significant issues that necessitate our immediate attention and resolution. The innovative models that have been proposed by various policy practitioners must prioritize the development of a comprehensive understanding of the many diverse realities associated with Islamic life and the multifaceted experiences of immigration. Specifically, these proposed models should focus on enhancing collaboration among academicians, policy practitioners, and also Islamic and immigrant associations. Such collaboration would help create an environment of mutual respect and shared knowledge between all parties. The open discussion can work only in a situation where all the parties involved are invested in the deep respect for their fundamentally opposing identities while having a common objective to reconcile such differences and let each of them exist with each other in harmony, coherence, and peaceful serenity. Additionally, this research has explored briefly, in this thesis, some of the different stereotypes that hurt the Muslim migrant today.

Therefore it is essential, now more than ever, that to society rise to the awareness of these hurtful misconceptions. Besides actively debunking these stereotypes, we must proceed to undertake pragmatic steps to nip this rot in the bud, using thorough education as one of the basic and primary tools in our continuous battle against ignorance. Additionally, discrimination in practice has not been discussed in depth in recent scholarly discussions, emphasizing the urgent need for more vigorous and effective intervention policies in this matter of serious concern. While we move forward into the future, the migration and its corollaries have gained an ever increasing prominence as focuses of public and pro administrative policy making and practise. They are also important subjects to be considered in various business, leadership, and policymaking and beyond the boundaries of society. These are pressing issues about which we can think and as we think about them, we are left with broad outlines of a fascinating, complicated, mostly uncharted terrain in the world of scholarship. In this new landscape, immigration and integration must be served by specialists with a wide range of backgrounds and skill sets, and diverse voices and perspectives are absolutely necessary for handling successfully the complex problems posed by immigration and integration in our day and age. Finding pathways forward lies within these many layered discussions and shedding light on how we can create more inclusive communities across every corner of the Earth in which all communities can flourish together. Given that the world is about unity, harmony, and peace for us all, there is a prayer that our efforts to cause collaboration, awareness, and education should make a difference. Now is the time to act and we cannot ignore performing proactive conversations that help in bridging the divide, to bring unity in the midst of diversity.

Each community has the ability to contribute unique things to our shared knowledge and make the experiences of those who have decided to settle down in our various society's new homes more engaging.

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